TRIPLE P Discussion Groups

Presented By: Catalyst Life Services

Tuesdays 5:15 – 7:15 PM

At: Catalyst Life Services - 270 Sterkel Blvd.

See attached flyers for more details

**Managing Fighting and Aggression**

(2 hour discussion group)

Tuesday November 27, 2018 5:15 – 7:15 PM

Courtney Wykoff

**Developing Good Bedtime Routines**

(2 hour discussion group)

Tuesday December 4, 2018 5:15 – 7:15 PM

Joy Moore

**Hassle-Free Shopping with Children**

(2 hour discussion group)

Tuesday December 11, 2018 5:15 – 7:15 PM

Anne Vermillion

**Dealing with Disobedience**

(2 hour discussion group)

Tuesday December 18, 2018 5:15 – 7:15 PM

Rachel Hawkins

Group Triple P

Thursdays 5:15 – 7:15 PM

(4 week group, 3 week phone call, 1 celebration)

Thursday January 10, 2019 – February 28, 2019 5:15 – 7:15 PM

Rachel Hawkins